Get-Fit 2.0 Activity & Fitness Tracker User e-Manual

Watch instruction video: https://youtu.be/u8ED_K--Mho
Welcome to your Didakay Get-Fit2 Activity and Fitness Tracker!

Congratulations on your new Get-Fit 2.0! The Get-Fit 2.0 measures your daily activity to help you lead a more well balanced and healthy lifestyle. You will find it is a comfortable, stylish, and durable health tracker. It features:

- Bluetooth 4.0
- International time-line sensor
- Accurate data synchronization
- 12/24 hour time display
- Bright OLED white display
- Incoming call reminder
- Anti-lost feature
- Sophisticated, easy to use app
- Aluminum alloy shell
- Soft rubber strap
- Memory: 64kb ram + 64kb rom
- G sensor
- 10 days stand-by time

1. Download the APP “VeryFit 2.0” from Android Play or Apple store.
   a. Android: http://tinyurl.com/pmkqf49
   b. Apple: http://tinyurl.com/o5rp3u7

2. Connect the Get Fit 2.0 with the Veryfit 2.0 App
   a. Make sure your phone’s Bluetooth is on.
   b. Open the app Veryfit 2.0 while keeping the Get-Fit 2.0 close to phone.
   c. Go to “Device” in the app (located on the bottom tool bar).
   d. Scroll down and then hit “bind”.
   e. Hit “refresh” – Veryfit will find your device (e.g. YDY_P102)
f. Hit “Confirm Bind Device”

3. If you have trouble connecting (which is unlikely), do the following:

   a. Try restarting phone. If still not working...
   
   b. Rebind Get Fit 2.0. If still not working...
   
   c. Re-install Very Fit 2.0. If still not working...
   
   d. Go to system setting, reboot device (Get Fit 2.0).

4. Set User data

   a. Go to “user”

      i. Target Setting

         1. Set your daily steps and

            sleep targets

      ii. “My info”

         1. Write in username, choose

            birthday, gender, height,

            weight.

      iii. System Setting

         1. Set unit “British” or

            “metric”

            a. Hit confirm.
5. **Steps and Distance:** Record and track steps and distance accurately.

6. **Calories:** Calculate the consumption of calories.

7. **Sleep Cycle Monitor:** Monitor your sleep cycle, record quality of sleep.
   a. Set by holding until the Get-Fit buzzes and the sleeping timer begins.
   b. Turn off first thing in the morning by holding until it buzzes.

8. **Time:** The Get-Fit 2.0 syncs with your smart phone with 12 hour time display.

9. **Reminders and Alarms:** drinking, medicines, sedentary & wake alarm.
   a. Set the time period then confirm
   b. To add alarms: hit: Add alarm list +.
   c. Reminder for waking up.
   d. Call reminder: When incoming calls are not answered in within a certain
timeframe, the Get-Fit2 reminds you by vibration (IOS system unavailable).

e. Message reminder: When new message arrives, the Get-Fit2 reminds you by vibration so you don’t miss important messages (IOS system unavailable).

10. Remote Camera: Snap pictures with your phone remotely.

11. Warning

Please do not leave the Get-Fit 2.0 on your dashboard or in prolonged sunlight, fire or extreme heat.
Copy of Paper Insert which comes with your Get-Fit 2.0!
Smart Searching
Endless Exploring

2. Device Activate & Charge
Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please clamp the charging chip to the back 3 point position of bracelet as below).

3. Pair the device
Please make sure the Bluetooth is ON and then open app “Veryfit 2.0” and go to bind. When searching and pairing device, please press on the key of device and activate the device (screen on). App will search the device automatically, choose the device name and connect the device to the app.

How to Use
Once the device connected to the app successfully, it will record and analyze your activities and sleep status automatically, please press the key on the device to switch into different display modes as following:

Time Mode: Press once to activate the device and show current time

Pedometer Mode: Press one more time based on Time Mode

Calories Mode: Press one more time based on Pedometer Mode

Distance Mode: Press one more time based on Calories Mode
Sleep monitoring mode: Long press key anytime until there is a silent vibration to enter in sleep mode and start manual sleeping monitoring.

Functions Instruction
Activities Record:
Record daily activities, you could check daily activities including steps, distance and calorie consumption in the app;
Sleep Monitoring:
Device could automatically recognize your status and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours;
Remind Alerts:
Alarm alert, call alert, sedentary alert, etc. by silent vibration
Anti-Lost:
When the smart phone is beyond the Bluetooth range (no more than 5m), the device vibrates to remind.
Remote Camera Control:
Device key could control remote photograph shooting.

FAQ
● Can’t find device when pairing device?
1. Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.3 & above and iOS 7.1 & above.
2. Please make sure the distance between phone and device is no more than 0.5m, device is among the normal Bluetooth communication distance range (within 10m).

3. Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.

● Can’t connect the device with app?
Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.

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● How to Restore Factory Defaults
Make sure the device is connected with app, go in the app, enter “Mine-System Setting” and choose “Reboot Device”.

● How to update the device
Make sure the device is connected with app, go in the app “Device-Device update”, please wait some minutes before update done.

Basic Specifications
CPU: Nordic nRF51822
Sensor: kionix kx1022-1020
Host Weight: 21g
Battery Type: Rechargeable Li Battery
Battery Capacity: 50mAh
Data Sync: Bluetooth 4.0
Working Temperature: -10°C~45°C
Waterproof: not for swimming or diving
StandBy time: 15 days & above

This product is applied by professional Btuetooth RF signal and own-developed algorithm, the accuracy can reach 95% and above.

www.didakay.com